



The Schedule

0645	Coxswains and Officials Meetings, Sea Scouts Base
0730	Women's teams depart Hyde Street Harbor
0800	Women's start
0845	Mixed teams depart Hyde Street Harbor
0915	Mixed start
1000	Men's teams depart Hyde Street Harbor
1030	Men's start
1100	Picnic
1130	Awards

The Venue

An "easy" start from the southeast corner of Alcatraz into Aquatic Park, San Francisco. **BAWRA Rules of Racing** apply and coxswains must be Open Water certified. We will picnic afterwards at Aquatic Park, at the top of Van Ness Avenue. Our regular Van Ness Pocket Park is closed while the Pump Station is being renovated. We will picnic next to the bocce ball courts. See Attachment II for information on the picnic area.

You can watch races from Muni Pier at the top of Van Ness Avenue, the higher areas at Aquatic Park or from the stern of the Balclutha on Hyde Street Pier.

No parking is available at Hyde Street Harbor – park at the top of Van Ness (four hour parking) or elsewhere in the area.

Alcatraz Island and the Start

- To protect nesting birds, the National Park Service requires that all boats stay 100 yards or more off the island during practice, warm-up and racing.
- You must have a VHF radio for communications with the starter. If your radio fails radio check, you will be moved next to the start boat, regardless of your lane draw.
- You must have a flag for the start. Not a t-shirt, not a hat!
- You must have a boat number.

Hyde Street Harbor

- All whaleboat and committee boat docking will take place here. Watch for swimmers and the commercial fishing vessels.
- Coxes should turn on their VHF radio as soon as they start loading their boat.
- Tie up and switch out crews in the side-tie area only – *not in the slips*. Do not tie to utility structures. Leave the end of the dock for the committee boat.
- Each club should have a key to the gate and bathrooms at Hyde Street Harbor. If you have problems with your key or want to purchase additional keys, contact the harbor office at 415-274-0533 Monday through Friday 7:30am – 4:00pm.



Aquatic Park and the Finish

- **Watch for swimmers;** stay out of the designated swimming area.
- Be sure to row through the finish line to give room for boats to finish behind.
- No motor vessels in the lagoon

Restrooms

- The two portable toilets at Aquatic Park, rented for our event, will open at 0645.
- The bathrooms at Hyde Street Harbor are open 24/7 (key access).
- At 0930, restrooms open at the Park Service Visitors Center (Jefferson and Hyde) and at Hyde Street Pier (top of Hyde, third building on the right).

Entry Fee \$220

Entry fee includes beer, water, participant keepsakes, 1st/2nd/3rd place awards, and 1st place individual awards. You may pay Corny Foster (corny.foster@sbcglobal.net) by PayPal (to friends and family and don't use a card or fees will be deducted), Venmo, or by check payable to Corny Foster (bring to the cox meeting).

Insurance/Waivers

All participants in the whaleboats, Race Officials and other volunteers must sign the BAWRA waiver. Coxswains, coaches and officials especially should review the BAWRA liability coverage and determine if it sufficient for themselves as individuals.

Age Restrictions

Participants under the age of 18 must be reviewed and approved by the Chief Race Official. Participants under the age of 14 are not allowed.

Minimum Racing Weight

The minimum racing weight is 2,000 pounds. Required ballast must be distributed throughout the length of the boat. The dock master will check for ballast and safety equipment.

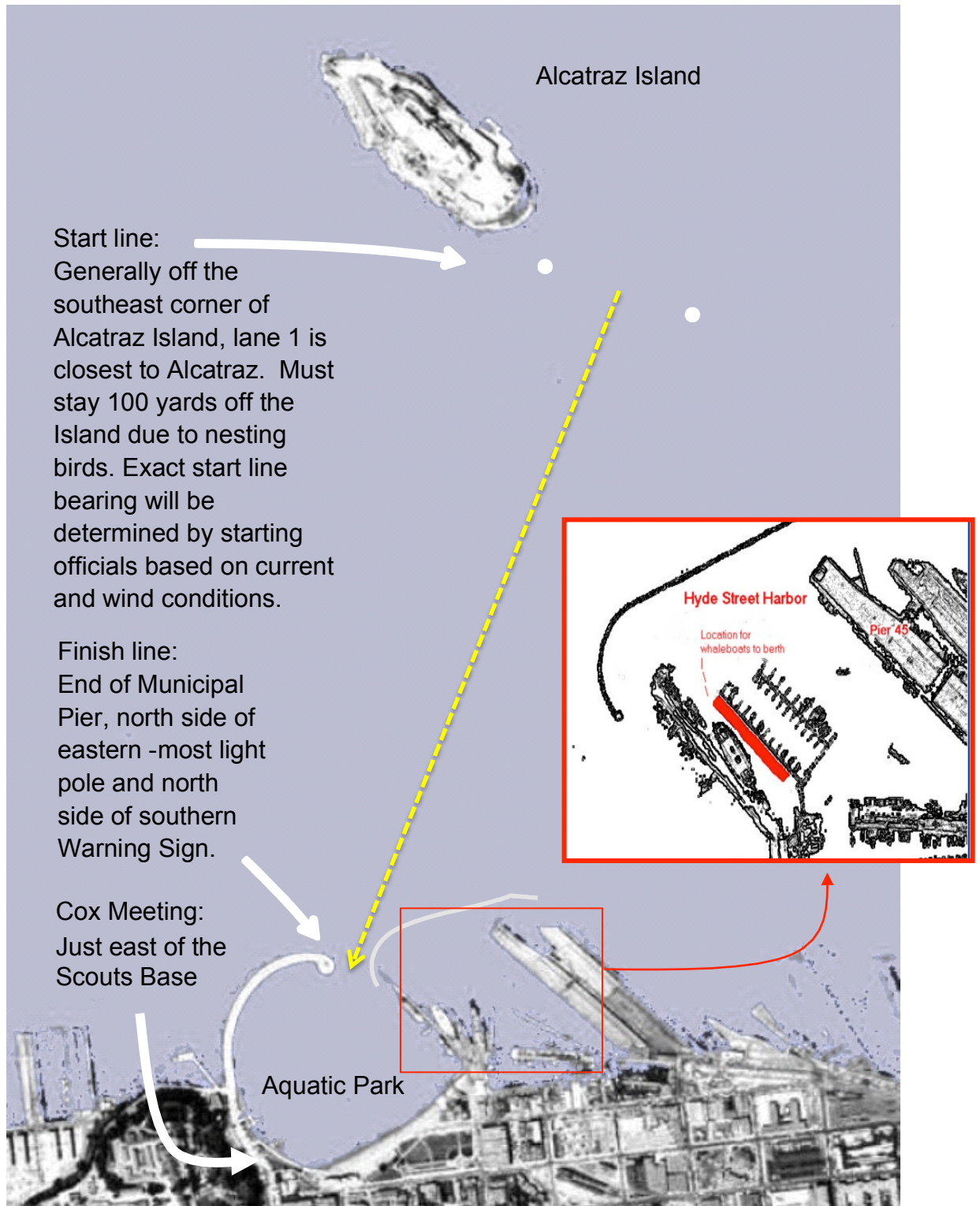
Safety Equipment

Failure to adhere to the BAWRA Safety Equipment Requirements may result in disqualification.

Iron Oars Rowing Club Contact

Corny Foster, [REDACTED]

Attachment I: Course Map From the Island



Attachment II: Picnic Area

The picnic area is adjacent to the bocce ball courts, just east of Van Ness Avenue and just west of the Maritime Museum.

Parking is still available on Van Ness Avenue and Municipal Pier is open.

Please note:

- No glass bottles or kegs or grills
- No staking tents/marquees -- use sand bags.
- Stay off the bocce ball courts – we will have them marked off.

